Trip Information
Southwest Adventure Tours

Mighty 5 SLC
Mighty 5 Salt Lake

We are so excited for you to travel with us on our Mighty 5 tour! In these pages, you will find lots of helpful information for your upcoming tour. Please do not hesitate to ask us if you have any questions.

Basic Itinerary

Day 1: Depart Salt Lake City. Pick up at 7:00AM
Tour Canyonlands National Park
Overnight Homewood Suites by Hilton, Moab, UT (L,D)
Address: 132 N Main St, Moab, UT 84532
Phone: (435) 259-7000

Day 2: Explore Arches National Park & Surrounding Areas
Overnight Homewood Suites by Hilton, Moab, UT (B,L)

Day 3: Goblin Valley State Park and Capital Reef National Park
Overnight Capitol Reef Resort Torrey, UT (B,L)
Address: 2600 UT-24, Torrey, UT 84775
Phone: (435) 425-3761

Day 4: Capital Reef National Park & Grand Staircase Escalante National Monument & Bryce Canyon National Park
Overnight Bryce Canyon Grand, Bryce Canyon City, UT (B,L)
Address: 30 N 100 E, Bryce Canyon, UT 84764
Phone: (435) 834-5700

Day 5: Bryce Canyon National Park & Zion National Park
Overnight Springhill Suites by Marriott Springdale, UT (B,L,D)
Address: 1141 Canyon Springs Drive, Springdale, UT 84767
Phone: (435) 619-8220

Day 6: Zion National Park & Depart for Salt Lake City.
Arrival at SLC Approximately 6:00PM (B,L)

Itinerary subject to change.
Pick Up Information

Your tour guide will be contacting you the day before your tour to reconfirm pick up time and location. If you have not heard from them by 4:00pm Local Time, please call our office at 1-800-970-5864.

Pick Up & Drop Off Locations

For our Mighty 5 from Salt Lake City, we only pick up and drop off at 2 hotels. They are:

**7:00 AM** - Springhill Suites by Marriott Downtown
625 South 300 West, Salt Lake City, UT 84101
(801) 238-3000

**7:15 AM** - Holiday Inn Express Airport East
200 North 2100 West Street, Salt Lake City, UT 84116
(801) 741-1500

If you choose to stay at a different hotel, you are responsible to get to one of these pick up locations at the designated time.
Hiking

We hike between 3–5 miles per day. Hikes vary in elevation gains and losses and difficulty. Speak to your guide on your tour for recommendations for hiking more or less during the day. You can find information on the hikes on our website:

**Zion National Park**

**Bryce Canyon National Park**

**Capitol Reef National Park**

**Arches National Park**

**Canyonlands National Park**
Packing Tips

Please use this as a guideline for what to pack. Remember to pack based on the weather and temperatures during your tour. We find the key to staying comfortable while traveling through the Southwest on an active trip is layering. If you have versatile that offer you the right amount of comfort when used alone or together, you will start your experience off on the right step!

Things to Consider:
• Please remember to always pack essential items such as your passport, money, eyewear, a change of clothing, hiking boots/comfortable shoes and medications in your carry-on baggage, in case your luggage is delayed.
• Cotton is wonderful in warm weather. However, once it becomes wet from rain, water, or sweat, it will drain your body heat. Bring quick-drying synthetics such as Capilene, MTS and Thermax. (This is only a recommendation and only applies to spring and late fall tours)
• Always test your layers before a trip. Your outer layer should fit easily over the inside ones without binding and bunching up.
• Make sure hiking boots or walking shoes are broken in. Bring moleskin for foot treatment. Thin liner socks worn under regular hiking socks may minimize the risk of blisters. The liner sock should be synthetic, not cotton. Test your sock combination before you go on the trip.
• Stuff sacks are great for sorting gear. Use different sizes/colors to differentiate contents.
• Remember these are suggestions.
Packing List

Official Papers
• Airline tickets
• Photo identification

Luggage
• Luggage large enough to hold your gear and everything else you plan to pick up while on the trip (1 large suitcase MAX per person)
• Luggage tags and luggage locks if necessary
• Daypack 1500-2500 cu. in. to carry camera, water, snacks, and extra clothing

Casual Clothing
• Bring a few lightweight, easily washable items for travel and evening wear

Clothing
• Midweight fleece, sweater, or comfortable sweatshirt
• Hiking shorts or pants, whichever you are comfortable in
• Hiking pants
• Hiking socks, synthetic or lightweight suggested
• T-shirts (cotton and/or synthetic)
• Long-sleeve shirts (spring & fall
• Underwear
• Swimsuit
Packing List

Outerwear
• Rain jacket/windbreaker

Clothing Accessories
• Sun hat
• Wool or fleece hat (spring & fall)
• Wool or fleece gloves (spring & fall)
• Bandana

Footwear
• Sturdy lightweight hiking boots, broken in, aggressive tread or comfortable walking shoes/sneakers.
• Casual shoes or sandals for lodge/evening wear
• Old tennis shoes (should be fully enclosed for foot protection while wading in rivers) (Not mandatory)

Travel Accessories
• Sunglasses and retainer strap
• Sunscreen and lip protection (SPF 15+)
• Watch with alarm or travel clock (we switch time zones and cellphones are not always right)
• Toiletry kit
• Hand sanitizer gel
• Reusable water bottles. We provide water, but not the bottle.
Packing List

Optional Field Gear
- Camera, spare media card, tripod, and batteries or charger
- Reading and writing materials
- Walking staff or trekking poles with rubber tip protectors for better grip on slickrock
- Binoculars
- Whistle
- Ear plugs
- Travel pillow
- Spare contact lenses or glasses
- Motion sickness remedies
- Swimsuit for pools
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Questions?

Call us at 1-800-970-5864
Email us at info@southwestadventuretours.com