Trip Information
Southwest Adventure Tours

Grand Teton & Yellowstone
Grand Teton & Yellowstone Explorer

We are so excited for you to travel with us on our Grand Teton & Yellowstone tour! In these pages, you will find lots of helpful information for your upcoming tour. Please do not hesitate to ask us if you have any questions.

**Basic Itinerary**

**Day 1: Salt Lake City to Jackson/Oregon Trail/Gros Ventre Slide**  
(L,D) Overnight Jackson, WY

**Day 2: Grand Teton National Park**  
(B,L) Overnight Jackson, WY

**Day 3: Yellowstone National Park**  
(B, L) Overnight Gardiner, MT

**Day 4: Yellowstone National Park**  
(B,L) Overnight West Yellowstone, MT

**Day 5: Island Park, Craters of the Moon National Monument**  
(B, L) Departure

*Itinerary subject to change*
Pick Up Information

Your tour guide will be contacting you the day before your tour to reconfirm pick up time and location. If you have not heard from them by 4:00pm Local Time, please call our office at 1-800-970-5864.

Pick Up Locations

We pick up from any hotel by the Salt Lake City Airport or in Downtown Salt Lake City, UT. Pick ups start at 7:00 AM

Departure flights must be after 6:00PM on Day 5.
Packing Tips

Please use this as a guideline for what to pack. Remember to pack based on the weather and temperatures during your tour. We find the key to staying comfortable while traveling through the Southwest on an active trip is layering. If you have versatile that offer you the right amount of comfort when used alone or together, you will start your experience off on the right step!

Things to Consider:

• Please remember to always pack essential items such as your passport, money, eyewear, a change of clothing, hiking boots and medications in your carry-on baggage, in case your luggage is delayed.

• Cotton is wonderful in warm weather. However, once it becomes wet from rain, water, or sweat, it will drain your body heat. We recommend that you bring quick-drying synthetics if you can.

• Always test your layers before a trip. Your outer layer should fit easily over the inside ones without binding and bunching up.

• Make sure hiking boots or walking shoes are broken in. Bring moleskin for foot treatment. Thin liner socks worn under regular hiking socks may minimize the risk of blisters. The liner sock should be synthetic, not cotton. Test your sock combination before you go on the trip.

• Stuff sacks are great for sorting gear. Use different sizes/colors to differentiate contents.

• Remember these are suggestions.
Packing List

Official Papers
• Airline tickets
• Photo identification

Luggage
• Luggage large enough to hold your gear and everything else you plan to pick up while on the trip (1 large suitcase MAX per person)
• Luggage tags and luggage locks if necessary
• Daypack 1500-2500 cu. in. to carry camera, water, snacks, and extra clothing

Casual Clothing
• Bring a few lightweight, easily washable items for travel and evening wear

Clothing
• Midweight fleece, wool sweater, or comfortable sweatshirt
• Hiking shorts, synthetic suggested
• Hiking pants, synthetic suggested
• Hiking socks, synthetic suggested
• Liner socks, synthetic suggested
• T-shirts (cotton and synthetic)
• Long-sleeve shirts
• Underwear
• Swimsuit
Packing List

**Outerwear**
- Rain jacket/windbreaker

**Clothing Accessories**
- Sun hat
- Wool or fleece hat
- Wool or fleece gloves
- Bandana

**Footwear**
- Sturdy lightweight hiking boots or comfortable sneakers, broken in, aggressive tread. No new shoes!
- Casual shoes or sandals for lodge/evening wear

**Travel Accessories**
- Sunglasses and retainer strap
- Three one-quart water bottles or hydration system
- Sunscreen and lip protection (SPF 15+)
- Watch with alarm or travel clock
- Toiletry kit
- Hand sanitizer gel
- Bath or body soap
- Reusable water bottles. We provide water, but not the bottle.
Packing List

Optional Field Gear

• Camera, spare media card, tripod, and batteries or charger
• Reading and writing materials
• Walking staff or trekking poles with rubber tip protectors for better grip on slickrock
• Binoculars
• Whistle
• Ear plugs
• Travel pillow
• Spare contact lenses or glasses
• Motion sickness remedies
• Swimsuits for pools
Questions?

Call us at 1-800-970-5864
Email us at info@southwestadventuretours.com